









Supporting someone with breathlessness

Learning resource prescription

Name (of carer):

- Go to the website 'Supporting Someone with Breathlessness':
www.supporting-breathlessness.org.uk
You can use it on your iPad, phone, laptop or a computer
- Explore the topics below. You might like to start with looking at the topic(s) which have been ticked for you

	Understanding breathlessness	<input type="checkbox"/>
	Stress, panic and breathlessness	<input type="checkbox"/>
	Keeping active	<input type="checkbox"/>
	Living a fulfilling life	<input type="checkbox"/>
	Managing infections	<input type="checkbox"/>
	What to expect in the future	<input type="checkbox"/>

Notes:

Care professional: _____

Today's date: _____